



CANOEING

Summer 2011

SHORT CANOE TRIP ON THE RIVER MUONIO (MUONIONJOKI) - THE BORDERLINE BETWEEN FINLAND AND SWEDEN

Shooting the rapids of the river Jeris to the Muonio River ahead I put on my lifejacket and concentrate on listening to the canoeing and safety instructions being given by the guide. I tie my equipment to the canoe, rub mosquito repellent into my skin and put sunglasses on. A few more practice movements and everyone's ready. Let's go! I paddle the canoe forward with light strokes towards a branch in the river Muonio. Although it is already July there are still a lot of birds to be seen. Beautiful views of barren Pallas fell crown the verdant scenery. The scenery which became familiar on the river boat trip is now within my grasp. Just as my strength is drying up the guide suggests a coffee break. Even the break tastes good and helps me to bear the final kilometres of the journey along the course of the river Muonio back to the mouth of the river Jeris. The luxury of the hotel sauna feels well earned after all that paddling and intoxication by fresh air!

Departures: 1.6.-30.9.2011, on request

Duration: 2,5 hours

Group size: min. 4 persons

Rate: 50€ / adult, 35 €/ child (5-14 years old)

Group rate: 40 €/ adult, 30€/ child (5-14 years)
Minimum 10 persons

9-DAY CANOE TOUR ON MUONIONJOKI – (ABOUT 78 KM)

Day 1. Arrive at Kittilä airport and transfer to Muonio to Harriniva Holiday Centre located in North Western Lapland. Become acquainted with the other members of the group. A short introduction to the programme for the week ahead by your guide.

Day 2. Canoe training: You will receive expert training to become familiar with the canoe and several paddling strokes and techniques. Dinner and overnight at the hotel.

Day 3. Following breakfast we head out in our canoes to practice the strokes





and techniques learnt the previous day. We learn how to read the current, recognise the obstacles of a river, practise evasive actions as well as safety and rescue techniques. Dinner and overnight at the hotel.

Day 4. We pack all the equipment and food into barrels to be transferred to the starting point of the canoe tour. You then receive instructions about the order of events after all the canoes are loaded and the equipment is strapped down. We will then start the Muonionjoki Canoe Tour with an appropriate distance of about 17 km for the first day. We will shoot 6 rapids of level I and II. We are planning to set camp directly at the river bank near Reponiemi.



Day 5. The second leg will reward us with 2 rather easy level I rapids on about 18 km distance. This stretch of river is calmer and this gives us the opportunity to glance at the fishing and weekend cabins on both river banks, often well hidden in the forest.

Day 6. An exciting day of the rapids! There are 8 level I and II rapids impatiently awaiting our arrival. Approximately 24 km distance to be covered.

Day 7. We will shoot 4 rapids of level I and II. The last leg of the Muonionjoki Canoe Tour is about 19 km long. We will spend the evening at the snug Ristimella cabin having a well deserved sauna and relaxing.



Day 8. Following breakfast we pack the canoes and gear onto the trailer and are transferred back to Harriniva Holiday Centre in Muonio. You will have the rest of the day free and the farewell dinner with local specialties together with your guide.

Day 9. Buffet breakfast. Transfer to Kittilä airport and return flight.

Duration: 9 days / 8 nights

Tour dates 2011:

Group size: 3 - 7 persons (this tour is not recommended for children.)

Price includes: 4 nights in cosy hotel rooms with bathroom at Harriniva Holiday Centre, 3 nights in a big traditional Lappish kota tent or under a tarp, 1 night at a snug cabin, full board, experienced English speaking guide, transfers according to the order of events

Price: 1399 € from/to Kittilä airport

Extension: 60 € per day with half board double room (90 € single room)



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